

# U.S. Wushu Center

## Tai Chi Classes

Monday	Tuesday	Wednesday	Thursday	Saturday
	10:15 to 11:00 Tai chi Beg.		10:15 to 11:00 Tai Chi Beg.	8:30 to 9:15 Black Belt
	11:00 to 11:45 Yellow & Green		11:00 to 11:45 Yellow & Green	9:15 to 10:00 Blue & Up
	11:45 to 12:30 Blue & Above		11:45 to 12:30 Blue & Above	10:00 to 10:45 Tai Chi Beg.
				10:45 to 11:30 Yellow & Green
6:15 to 7:00 Yellow & Green		6:15 to 7:00 Yellow & Green	6:15 to 7:00 Demo one	
7:00 to 7:45 Tai Chi Beg.		7:00 to 7:45 Tai Chi Beg.	7:00 to 7:45 Black Belt	
7:45 to 8:30 Blue & Above		7:45 to 8:30 Blue & Above	7:45 to 8:30 Demo Two	

## Chinese Classes

## Wushu Classes

Tuesday	Friday	Saturday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				4:15 to 4:45 Little Dragon				11:30 to 12:15 Wushu Sword
			4:45 to 5:30 Kids 6-12 Sword	4:45 to 5:30 Wushu Spear	4:45 to 5:30 Wushu Sword	4:45 to 5:30 Wushu Spear	4:45 to 5:30 Wushu Sword	12:15 to 1:00 Spear & 3 Sec.
			5:30 to 6:15 Wushu Beg.	5:30 to 6:15 Na Dao	5:30 to 6:15 Wushu Beg.	5:30 to 6:15 Wushu Sword	5:30 to 6:15 Na Dao	1:00 to 1:45 Wushu Beg.
4:45 to 5:30 Private Lesson	4:45 to 5:30 Private Lesson			6:15 to 7:00 Wushu Beg.			6:15 to 7:00 Wushu Beg.	1:45 to 2:15 Little Dragon B
5:30 to 6:15 Kids Beg. 5-7	5:30 to 6:15 Kids A 5-7 yrs			7:00 to 7:45 Spear & 3 Sec.			7:00 to 7:45 Demo Team	2:15 to 2:45 Little Dragon A
6:15 to 7:15 Adults Class A	6:15 to 7:15 Adults Class A			7:45 to 8:30 Red Belt & Up			7:45 to 8:30 Red Belt & Up	
7:15 to 8:15 New Class	7:15 to 8:15 New Class							

U.S. Wushu Center  
1420 NW 17th Ave #88  
Portland, OR 97209

503-227-3738  
[www.uswushu.com](http://www.uswushu.com)

[Chinese Private Lesson By Schedule](#)